GROW Newsletter

Germans From Russia of Oregon and SW Washington Area chapter of the Germans from Russia Heritage Society (GRHS)

Volume 3 Issue 1

October-November-December 2003

Message from the President By Roger Haas

GROW is alive and well beginning its third year! Our Board, Committees, and members at large have bonded as one cohesive unit and these first two years have been rewarding. Starting with 16 families on August 18, 2001, we have progressed to 255 families in 2002 with some of our members also joining with affiliated GRHS Chapters of the Genealogical Support and/or with the new Inland Spokane Chapter. That is progress as we form more Chapters and new outreach promoting the total GRHS mission.

In 2003 GROW has enrolled over 200 families; attend activities regularly, share our newsletter, point others to our interesting Website, and invite friends to a Chapter Meeting. Share your interests with others who have German-Russian ancestry. As well as GROW activities, attend Oktoberfests, the smorgasbord at Verbort Sausage feast (Forest Grove), the AHSGR German Christmas Program, the German German Christmas Concert of the America Society Liedertoffel has an annual German Christmas Concert (Portland), and others. It is our determination to inform and share about all German activities to add to our knowledge and understanding of our German-Russian ancestry.

The GROW family has many examples of a unique spirit of comradery and devotion. Paul and Sharon Voeller have given of their time and financial resources to provide travel expenses and lodging for some of our presenters. Glen and Ann Gumeringer have arranged the monthly meeting setup, brought library materials, and provided coffee and often refreshments. The Habermans always extend open arms with greetings and warm wishes and much more. Roy and **Ilene Schnaible** make available German books, music tapes, other fundraising items, refreshments, and more. Kochen Queen, Lorraine Geiszler bakes and makes good keyboard music. Oscar Geiszler carpenters signs, performs public relations, and helps with the Solid Rock Church Roof repair. David Martin always has a harmonic tune and a story up his sleeve; if David's there, there is merriment and fun. Jan Haberman and Ilene Schnaible surprise us with door prizes and other gifts. You can bet on Ed Weber who finds humor in everything! Librarian Vivian Messenger sports a twinkle in her eye and a smile that matches the music she makes on the piano. The Clyde and Maxine Daily Family have organized resources for banners, a scrapbook, and fundraisers; and can you beat the newsletter performance of Editor Dr. Velma Jesser? The Majhors are just beginning and have provided refreshments and taught us Bocce Lawn Bowling. We haven't yet begun to see all the fun and knowledge of our group; join us! I have never enjoyed myself more than working with such a fine Board and with Committee members. Many have contributed in many ways.

Applause! Thank You!

We are also grateful to spouses such as **Helen Majhor** and **Clyde Daily** who are at their spouse's side as unofficial Directors. Many perform beyond their official duties to make for success; is that Germans for you or just great people? Share your thanks wherever you see good, positive, informative, entertaining, productive activities that promote our mission. Of course, we also want you also to share those items upon which we can improve, add, or make better; we invite your input. I would like to continue with the fun of sharing and will look forward to seeing you at our next Chapter meetings; on September 28 you'll hear the exciting events of the 2003 GRHS Convention (South Dakota).

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2003-2004 Events

Add the dates of the Chapter and Board Meetings to be held during 2003-2004 to your personal planners now.

Dates, times, locations - page 12

Picnic

About thirty m e m b e r s , including six new members attended the First Annual GROW picnic on July 12 in Willamette Park. A u t h e n t i c German music,



food, drinks, stories, genealogical experiences, and celebrations were shared by all, a display of *gemütlichkeit!* Throughout this newsletter, see photos of lots of fun making this first annual event a memorable one!

Ways to GROW!

\$crip purchases help the GROW treasury grow at no cost to you (For details, see page 10). The \$crip year goes from September to June and will be available for order at the first GROW Chapter Meeting on September 28. Items will also be available for sale, including:

Books about German-Russian ancestry
German cookbooks

CDs and cassettes of German accordian music
Tote bags with GROW logo
Videos about Prairie Crosses
GROW name plates and key tabs
... and more!

Come and see! Program Development

Do you enjoy a program at our Chapter Meetings? Most Members come to hear a good presenter, see an exciting travelogue, hear of new archival records, see exhibits and genealogical findings, and learn more about genealogy and our German-Russian culture. This has been the focus for GROW members. They didn't just happen! Members were excited and shared ideas, made contacts, and even volunteered to give presentations. What would you like to see as the Program at your next Chapter Meeting?

Can you help?

Would you or someone you know like to assist our Chapter in the key role of arranging and scheduling stimulating, entertaining, and/or informational performances? Don't be bashful; take the leap and volunteer. Contact any Board or Committee member.

You and the programs are vital!

GRHS Convention 2003

The next newsletter will highlight workshops and photos from the GRHS Convention this year in Rapid City, South Dakota. Attending from GROW were: Mary Lynn Axtman, Milo Bauder, Virginia and Orville Chapman, Margaret Freeman, Evelyn Gatlin, Larry and Eleanor Haas, Roger and Roberta Haas, Wanda Hopkins, Mary Jacobsen, Velma Jesser, Shirley and Larry Nitschke, Albert Oster, Roy and Ilene Schnaible, Robert and Delores Schuh, Rudolph and Agnes Wagemann.

Good show GROW!

Changes for Editor

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Albertson's Scan Cards

FREE - FREE - FREE!

Those words get our attention, don't they? Those words apply to the Albertson Scan Card program in which GROW Chapter Members are participating. It is a matter of your neighbors, friends, and you giving the card to the Cashier as you pay for your groceries. It does not cost you a penny and GROW gets a 2% rebate on your purchase! If we have more participants, we can work up to a 5% rebate! HELP us in this project.

We want to say a BIG THANK YOU to those of you who have participated. Call Roger Haas for cards (See page 10 for contact information) for you and your family. We just received our sixth successive rebate check from the Albertson Headquarters. GROW received \$60.11 because 59 enrollees have generously presented their cards for GROW. Here is our encouraging record:

Quarter	Date	Amount
1	May 24, 2002	\$23.02
2	August 20, 2002	\$36.68
3	November 19, 2002	\$38.70
4	February 8, 2003	\$58,87
5	May 16, 2003	\$52.74
6	August 19, 2003	\$60.11
7	Help GROW grow!	?????

Get your card today - no extra time, no extra effort
It's easy and it's free!

Membership

As of June 26, 2003, we have 200 GROW members.

Go GROW!

Members' Favorite Web Sites

All sites below begin with http://www.

GROW Chapter

grhs.org

Click on *Chapters*, Look under *West Coast*For changes/additions to GROW web site,
Debra Voeller at debbily@earthlink.net

Saratovskaya Branch of State Archive in Engels keeps the basic document file on history of the Germans of the Volga Region from its settlement (1764-1767) through its eviction (1941). This site has the option of viewing in English

engelsarchive.ru/obarkhive_eng.html

Find the Volga Germans, Saratov, Norka, Warenburg, and **The Germans from Russia (AHSGR-Portland)** through one website: volgagermans.net

Ellis Island search in one step

angelfire.com/ks/gerrus/index.html

Need Gothic Script assistance? Try these:

makeashorterlink.com/D46A52155 genealogienetz.de/misc/scripts.html peter-doerling.de/Englisch/Sutterlin.htm mun.ca/rels/morav/script.html

Reprints of old and interesting books:

Saendig Reprint Verlag (Lichtenstein)

saendig.com

Hudson Bay Company Archives - fur-trading company records from posts in OR, WA, CA

gov.mb.ca/chc/archives/hbca

Oregon Land Records

arcweb.sos.state.or.us/land.html

Oregon Trail - facts about this migration trail

isu.edu/~trinmich/Oregontrail.html

Washington State Archives

secstate.wa.gov/archives/research.asp

Washington Vital Records - how to get copies

secstate.wa.gov/archives/genealogy.asp

Other German-Russian Newsletters

Black Hills Chapter, GRHS

//members.rushmore.com/~bhgrhs/index.htm

Puget Sound Chapter, GRHS

//grhs.com/psound/index.html

Portland Chapter, AHSGR

//germans-russia-pdx.com/Portland/newsletter.htm

Send your favorite web site

G-R Dictionary CD

http://home.iprimus.com.au/msd1/muret.htm (msd and the number 1, not L, above)

This link offers the 1901 version of the Muret Sanders German to English language dictionary as well as the Koehler Dictionary of the German and English Languages (English to German and German to English) on CD-ROM at a very reasonable prices of \$19 and \$28, including shipping. At the website, you will see the actual images of the dictionary pages in the Gothic or Fraktur script; there is a search engine so the whole CD dictionary is searchable. It takes about ten days to arrive from Australia and comes highly recommended.

Cliff Haberman and Roy Schnaible prepare for GROW picnic at Willamette Park (West Linn); German music, games of horseshoes and Bocco, and the GROW outdoor banner attracted visitors to stop by and ask what was happening.



Just Getting Started?

Many GROW members have researched their families for years, but many others have only just begun or are just thinking about getting started in genealogy. Those who are new to genealogy or to Germans From Russia ancestors may even find the conversations a bit intimidating, inviting answers to such questions as:

Where can I register/find my surnames?
Where is the village of ______?
From what village did my ancestor come?
What is the German census?
How about German cemeteries?
What if I don't know German?
What if I can't read German handwriting?
Where are passenger lists and other ship information?
What is Germans to America?
How do I find a book about ______?
What genealogy resources are available?

If you find that these "frequently asked questions" have a familiar ring to questions you have been asking yourself lately, you may learn some answers at the soc.genealogy.german web site by going to:

http://www.genealogienetz.de/faqs/sgg.html#starters

A Family Letter: 1933 By Edwin J. Weber

The **Isabel Dakotan**, June 2, 1933 - "In conjunction with many other communities a petition was circulated in Isabel May 30th, petitioning the German government to take steps to get starving German-Russians out of Soviet Russia. It is claimed that under the present regime that many of the tillers of the soil are being starved to death in their country."

The Weber Family remembers their Dad from Kassel, Russia, entering their home with tears running down his cheeks carrying a yellow envelope with a lot of stamps on it and a letter. He explained that he could no longer send packages to his mother in Russia; this would be the last letter he would get because the Communists took over his mother's farm.

His mother was assigned an acre of land, one cow, and one chicken. The acre of land would not allow the cow to live for very long; and when that was gone, there would be no more. At the writing of the letter, the cow and chicken were gone, and she had only a cat left for food.

The following letter was originally published in *Wishek Nachricten* (April 13, 1933) and included in **We'll Meet Again in Heaven** by Ronald J. Vossler:

I grab the feather in God's name, to write you a letter, from me, Friedrich Weber and my wife Katherine. I am Jacob Weber's son.

I would like to ask you for help. You know, I'm sure, exactly how things are in Kassel. I have four children, and for the past three months have not had any bread in our house. So I want to ask you, good friends, for a small favor. Could you please send me \$5? Otherwise, I must starve to death.

I also have grandmother with me. It is very hard for an old woman in such a situation. We have nothing for food except for several small potatoes. When they are eaten, I don't know what will be. If the loving God doesn't help, then we must starve.

My dear Uncle Jacob and Aunt Katherina, our loving God will surely soften your hearts and not allow us to starve because to starve is terribly hard. I would gladly give up and die, but the children need someone. Such a terrible time we have never to this point experienced.

It is impossible to buy anything because everything is expensive. A pud [36 pounds] of corn flour is 200 rubles, and that amount of money can't be found. I have sold everything, so now we have nothing left but the clothes on our back. The children are entirely tattered. Help me and I will thank you a thousand times

Here it is cold, but we must work everyday, so that we are entirely frozen and cold. I have written often but received no answer. I live in my grandmother's house. I must close now and I give you my heartfelt greetings once again.

Friedrich and Katherina Weber

This letter was sent to widow Christine Meidinger and (by way of Jacob Frey) given to the newspaper to be printed. The grandmother mentioned in the letter is wodow Reich, sister to widow Meidinger, the mother of Jacob Frey's wife.

Leave Your Legacy - Part II By Lola Weber

As we attended to our second session on writing our family books, I wondered if you remember what it was like when you were in school and didn't always "get" everything that the teacher was explaining? Well, this

has me feeling those old feelings again! It's a good thing that we have the CD for backup to replay as many times as I need to . . . or until we "get" it!



We discussed memory triggers for articles, self-

interviews, graphics to include (which means they need to be scanned and indexed), and document formatting and editing. I'll be racing to catch up before Workshop III.

(For information on this series of workshops by Doug and Linda Jacobs, see GROW Newsletter, Volume 2, Issue 3, page 2.)

Thanksgiving auf Deutsch

Erntedankfest, the German thanksgiving celebration is observed annually in late September or early October.

Radke Mystery Grave Marker

By Barbara Jones

In a small cemetery in eastern Washington, an ornate,



wrought iron cross stands mute to a tragedy and a mystery. The grave site is unmarked but not forgotten. **Gottlieb Radke** was one of the founding members of the Salem Evangelical Congregational Church, which was built in 1902, near the town of Ralston. The church no longer stands,

but the cemetery remains and is tended by volunteers.

Gottlieb and his family lived on a wheat ranch between the towns of Ralston and Lind. Just south of his property, the Milwaukee and Puget Sound Railroad was laying a new line, and the site was a magnet to the young boys in the area. Gottlieb's oldest children, Rudolph, age 10, and his brother Reinhold, 8 (my grandfather), were two of the boys playing down by the tracks on a Sunday afternoon, August 10, 1907. The place was littered with construction materials, including blasting caps.

A friend related the story of what happened to Rudolph, as told to him by his father, who was one of the boys down at the tracks that day: The boys were putting blasting caps under cans, attaching strings as fuses and blowing them up. One of the cans that Rudolph had set up did not go off. He then jumped over the can as it exploded. He had been running around with his pockets full of blasting caps and the explosion literally blew him up with it. Rudolph received immediate medical assistance, per the *Ritzville Journal*, but he was so badly burned that he died within a few hours.

The mystery resides with the iron cross which is a handmade, single-bar Roman cross decorated with curled ribbons of iron around the center. It is similar to the iron crosses found in cemeteries in the Midwest. While this type of marker is common there, it is rare in the Northwest.

Who was the artisan who made this cross? As far as I know, my great-grandfather Gottlieb did not have these skills, and I have not been able to discover

who crafted it. Maybe someone who reads this article will remember something somebody said about a fellow who made an iron cross. It would be nice to end the mystery and give credit to the man who made a lasting and loving marker for a small boy whose death left such a large hole in a family.

My Uncle Rudolf was born October 21, 1896 in Kulm, Bessarabia, Russia, the oldest child of Gottlieb and

Louise (Stelter) Radke. He was about a year and a half old when he and his parents and baby sister came to America. Gottlieb and Louise Radke are my greatgrandparents. They settled in the Lind-Ritzville area in Washington State immediately after arriving in this country. My grandfather, Reinhold, was born in Ritzville in 1899,



the first of their children to be born in America.

Need Some Addresses?Submitted by Paul Voeller

The Oregon State Historical Society 1200 S. W. Park Portland, OR 97203

The Washington State Historical Society 1911 Pacific Avenue Tacoma, WA 98402

The Oregon State Archives 800 Summer Street NE Salem, OR 97310

The Washington State Archives PO Box 40220 Olympia, WA 98504-0220

The National Archives and Records Administration (NARA) 6125 Sand Point Way NE Seattle, WA 98115-0799

The Family History Library 35 North Temple Street Salt Lake City, UT 84150-3400

Neuen Potz, Pfalz, Germany: A Book by Albert Weigel

Albert Weigel lives in Hatzenbuhl, located in the southwestern corner of Germany just north of Switzerland. He has compiled books for several Pfalz towns, including *Vom Rheinubergang um das Jahr 275 zum-Neuen-Potz, Familien-und-Gebaudechronik der Gemeinde Neupotz von 1650 bis 1997* from which surnames are listed here.

The book includes the history of the town and photos of residents, school classes, town buildings, and churches. Information from the 1600-1900s is organized by surnames with names, births, marriages, deaths, and children. Surnames in this book include:

Amlein, Algower, Algayer, Allmann, Ament, Angermeier, Angermaier, Anthon, Antoni, Antony, Arenth, Arnold, Auler, Avril

Baier, Balbach, Base, Baer, Balzer, Bangers, Barandist, Baron, Barz, Baugers, Baumann, Bechtold, Beck, Becker, Bar, Behr, Beith, Bellaire, Bendel, Bentz, Bleyell, Blockmayer, Bospflug, Bottinger, Bohner, Borntrager, Braun, Breith, Brunner, Buchler, Bugel, Burgel, Burckel, Brunk, Baurges, Burger, Burck, Burk, Butscher

Casshard, Cerpeti, Clos, Colln, Colling

Damminger, Dannenmaier, Daub, Dauer, De Hooge, Deissler, Dekold, Delbe, Dellinger, Denzler, Deubig, Teibig, Dickerhof, Dillenz, Dirion, Dobler, Doerler, Doerrler, Dossinger, Dreyer, Dumser

Eberle, Aedisheimer, Edesheimer, Eisensteck, Elsenheimer, Emmerling, Engel, Englert, Eschermann, Eschmann

Fallenstein, Feketitsch, Felbers, Felder, Feldmann, Felix, Feth, Fillibeck, Fink, Fischer, Fitterer, Florchinger, Follinger, Foos, Frank, Frischholz, Frisson, Fritz, Fronheiser, Fromm, Fugen, Fuger, Furst, Funck

Geeck, Gebhardt, Gabriel, Gahrlein, Gerl, Gehrlein, Geiger, Geimer, Geissert, Gilb, Gimpel, Glaser, Gobele, Goeck, Gorressen, Gotz, Gondal, Graber, Greiner, Grimm, Grischy, Gruber, Gschwind, Gulden, Gutzler

Haberer, Hanlein, Haesler, Haller, Hamburger, Hammer, Hassel, Hans, Hanzlik, Hassenteufel, Hatzenbuhler, Hauber, Hechler, Heid, Heidt, Heyd, Heim, Heintz, Heins, Heintz, Helck, Hemsing, Henecka, Hennigin, Herrle, Herrmann, Hertzler, Hess, Hesselschwerdt, Hick, Hilzendegen, Hinckel, Hirschel, Horner, Hoffer, Hoffmann, Holderbach

Ingenthron

Jahnel, Joachim, Jung, Just-Winkler

Kalesse, Kegler, Kapper, Kayser, Karn, Kauter, Keiber, Keil, Keller, Keppel, Kern, Kernstock, Kessel, Kiefer, Kiessling, Kimmel, Kintz, Kirchmer, Kirnberger, Kirsch, Kistner, Kissling, Kleber, Klein, Klingerle, Kloos, Knobel, Knobloch, Knoll, Konig, Konrad, Kozlevcar, Kraatz, Kramer, Krampf, Krapp, Kraus, Krager, Kreger, Kreichgauer, Kron, Kroener, Kurschner, Kuhn, Kuchmunch, Kuhns, Kurrer, Kugawa

Lau, Leibel, Leichs, Lenk, Leuthner, Liebel, Linnebacher, Lochbaum, Losch, Loew, Louis, Lowinger, Loy

Mack, Madlehner, Magin, Mahovsky, Majer, Malthaner, Marthaler, Martin, Marz, Matheiss, Mellein, Mendel, Menesklou, Merkel, Merckel, Mertz, Merz, Messemer, Metz, Metzger, Meyer, Mintzing, Mirow, Mittenbuhler, Mohr, Moser, Moster, Miller, Muller,

Neff, Negele, Nehlig, Nergenau, Nerbrandt, Neunreither, Niederer, Nist, Nuber, Nunnemann

Ochsenreither, Oswein, Ohmer, Olivastri, Orth

Parent, Patzer, Persohn, Peter, Pfadt, Pfalzgraf, Pfirrmann, Pfister, Pflug, Prack, Propheter

Radecker, Rapp, Raule, Reichling, Reif, Reisz, Reiss, Riedel, Riess, Riester, Rink Ritter, Rodach, Rohrig, Roether, Rother, Rosenberger, Ruck, Runck, Ruppenthal, Rupprecht

Sand, Sartowski, Sauer, Seibert, Seiler, Seither, Seleider, Selgrad, Sengel, Serr, Simon, Sinn, Sitter, Sittinger, Sohl, Schaff, Schart, Schauff, Scherrer, Schiele, Schindler, Schirmer, Schleicher, Schlindwein, Schloss, Schmidt, Schme, Schneeider, Schner, Schon, Schoch, Schumacher, Schwab, Schwan, Schwanecke, Schweidler, Schweigert, Schwein, Schwind, Spaett, Spitz, Stangl, Stein, Stoffler, Strasser, Stritzinger, Stubbenhagen, Stuppy, Deobalt,

Thomas, Topp, Trautlein, Trapp, Trauth,

Ulrich, Unterhalberger

Veit, Veith, Verstegen, Vogel, Volandt, Voltz, Vorphal

Wagner, Walter, Wayand, Weber, Wegheimer, Weichel, Weimar, Welsch, Wenske, Wentz, Werling, Werner, Wernike, Werrel, Woschler, Wesseler, Weschler, Wiedemann, Wilhelm, Willig, Willick, Wingerter, Winkelmann, Winter, Worner, Wolf, Wolff, Wollherr, Wunsch, Wunsche, Wintzel, Wunschel, Wunstel, Wust, Wysochi

Xander

Zannoth, Zellner, Ziehl, Zimer, Ziemer, Zierold, Zimmerle, Zimmermann, Zircker, Zoller, Zwick

Mr. Weigel has compiled about a dozen books of church records on cities in the Pfalz area but lacks funding to publish them. Books are about \$50 each. He speaks and reads only German and can be reached at Wendelinusstrasse 5, 6729 Hatzenbuhl, Germany.

Margaret (Herrle) Miesterfeld, Co-Director of the Family History Center in Bloomfield Hills, Michigan, has been kind enough to summarize the names especially for the GROW newsletter. She can be reached at mahm@globaldsl.net and is willing to copy and mail information about your specific family to you for the cost of the copies and the postage. In some cases, there are several pages on a surname; in others, there may only be one page.

We extend another special GROW thank you to Margaret Miesterfeld for contributing this third list to our publication.

Zuhause

At Home

Recycle Those Leaves

When you need to remove excess fat from the top of soup, gravy, or meat stock, gently move a cabbage or lettuce leaf across the top. The fat will stick to the leaf; the good stuff will stay in the recipe.

Bürrocks (Russian Perog)

This recipe was a hit by Jene Goldhammer at the GROW picnic. It originates from Betty Klein in Fresno, California.

Filling

1½ lbs beef cooked, cooled, and ground in food chopper 2 lbs cabbage and 3 small onions, shredded Put into large kettle with a little oil. Add a little water if you like them moist. Cook until done. Do not brown or overcook cabbage. Season well with salt and pepper.

Dough

4 cups flour 1 tsp salt 2 Tbsp sugar 1 Tbsp oil 1 pkg dry yeast in ½ cup warm water

1½ cups milk

Roll out dough and cut with a 47-oz juice can. Add $\frac{1}{2}$ cup filling. Pinch and put upside down on cookie sheet. Let rise. Bake at 375° for 20 minutes. Makes 17.

Leute People

Irving Berlin

Israel Baline was born in Mohilev, Russia, and rose to stardom with hits such as "Good Bless America," "Blue Skies," and "White Christmas." His family of eight emigrated to the United States in 1893 when Israel was five years old.

They family settled in New York City where Israel left home at the age of 14 to sing in Bowery saloons for spare change. In 1907 he earned his first songwriting credit and changed his name to Irving Berlin, and the rest is rags-to-riches history. He died at the age of 101, an insecure and reclusive man but very rich with a rich legacy, indeed.

Kunst und Gewerbe

and Crafts

Handwriting and Computers

Gothic handwriting emerged in Europe in the ninth century and *Roman* (also known as *Antigua* or *Latin*) became the standard through Western Europe, Canada, and the United States. However, it was the *Gothic* style that prevailed in Germany until the mid-1900s.

Variations appear in genealogical records of *Gothic* and *Latin* styles, often even on the same page of a written record. When moveable type was invented in Germany, two major styles corresponded to these two handwriting styles. Computer typeface options today still offer forms of Gothic and Roman (Latin) styles, the basis of thousands of other typeface styles.

Sprache

Language

German Spelling Reform

In 1901, the Staatliche Orthographie-Konferenz established the German spelling rules which most of us learned in the study of the German language, guidelines in effect until 1996. New spelling rules went into force for all schools and government offices in all German-speaking countries on August 1, 1998, with a transitional period ending July 31, 2005. With these changes still quite controversial, one thing remains the same: German will continue to capitalize nouns, the only language in the world that requires capitalization of *all* nouns.

Geschichte und Kultur

History and Culture

Sunflower Seeders

Nothing is quite as unique to the German-Russian ancestors as the eating of sunflower seeds, but there's a difference between the casual taster of these seeds and the experienced *seeder*.

David (ConAgra Brands, Inc.) explains this cultural technique, "Experienced seeders pop a handful of seeds in their mouth and store them in one cheek, then transfer a seed over to the other side with their tongue, crack it, then eat the seed, and spit the shell."

Eat - Spit - Be Happy

But there is also nutritional value to these little morsels. They are an excellent source of Vitamin E (an antioxidant), phosphorous, and magnesium. They are a natural source of fiber, zinc, and folic acid. They are naturally cholesterol free, and they provide 7 grams of protein per serving. So, what's a serving?

Well, 1/4 cup of kernels equal one serving. Now the big question: How many shells must you crack and spit for the nutrition of one complete serving. But maybe more importantly, how many calories do you burn with each crack, chew, and spit?

Und so weiter And so forth

Family History Fair

Sponsored by the Genealogical Forum of Oregon *It's free!*

Saturday, September 20, 2003 9 a.m. to 4:30 p.m. Parkrose High School 12003 NE Shaver, Portland, Oregon

It is easy to find with good parking. Genealogical and historical activities include many societies, exhibitors, and researchers providing a showcase of what is available to make your research fun and rewarding. Classes are available for beginners and advanced genealogists.

Help GROW!

GROW will be there! If you would like to be part of the GROW booth, contact any of the Directors (see page 10) and enjoy meeting other genealogists and learning more *von Unser Leute* (of your ancestral family).

Traditional Folk Music

The Germans from Russia Heritage Collection provides one of the most popular music CDs ever produced of Germans from Russia folk music, including 21well-known folk songs from Ukraine, Volga, Kaukasus, and Central Asia (1763-1941). Deutsche Volkslieder aus Kasachstan und Sibirien: Bei uns, Ihr Leit, ist Hochzeit heit CD 1 includes performers Katharina Rissling, Jakob Fischer, Waldimir Dederer, and Eduard Frickel. For more information go to the web site at www.lib.ndsu.nodak.edu/grhc/order/tapes/gmusic1.html or make a check for \$16 + \$3 s/h payable to NDSU Library and send it to:

Germans from Russia Heritage Collection Deutsche Volkslieder aus Sibirien CD 1 NDSU Libraries PO Box 5599 Fargo, ND 58105-5599

A song booklet publication with musical notes and text is also available for the songs on the CD for \$10.

Mount Angel Oktoberfest September 11-12–13-14, 2003 11 a.m. - 9:30 p.m.

Oregon Polish Festival

September 27-28, 2003 St. Stanislaus Polish Catholic Church Portland Robin and Anna Haberman leave the GROW picnic with big smiles.

It was a beautiful day and a good time was had by all!



If I Can, You Can Decipher Germanic Records

Enda M. Bentz prepared this wonderful book for those who have projects deciphering Germanic records. It's an invaluable resource for the modest price of \$16.50 + \$3.50 s/h or a total of \$20.

The Table of Contents for this spiral-bound book includes Alphabets [handwritten in German and Danish], Use of Umlauts in Surnames, General Information, Relationships, Terminology and Symbols - German, Common Abbreviations - German, Church Year and Feasts - German, Months of the Year and Days of the Week, Germanic Latin and Danish Terminology, Glossary of Illnesses - German, Latin and Danish, Glossary of Occupations - German, Latin and Danish, What Was Going On In The World And Community Of Your Ancestor When?, and Alphabet Song. This book ISBN 0-9615420-0-4, Copyright 1982, can be ordered from and make check payable to:

Tamara J. Bentz 9150-187 Gramercy Drive San Diego, CA 92123-4001

Liedertoffel Singers AHSGR Chapter Program October 26, 2003

Hear as many as 60 Liedertoffel Singers for our Oktoberfest Chapter Program by the German American Society

Ukraine and Moldova 2004

Are you planning to visit your ancestral villages in Ukraine, Crimea, or Moldova? If so, SCHNEIDER LLC is planning two tours in 2004. The first tour is May 18-June 3, 2004; the second, September 14-30, 2004. For tour information:

http://members.rushmore.com/~ukrainetours

Robert R. Schneider, Manager 1649 N. 3rd St., Spearfish, SD 57783 Phone: (605) 722-7712 email: rschneider@rushmore.com

Family News

Please submit news about your German-Russian family and friends to share with others of our GROW family (see page 11 for details on how to submit material).

We send GROW Wishes for Pain-Free Days and Better Health to . . .

Roberta Haas (Portland OR) had back surgery on July 31 and is recovering slowly but surely with a big smile and healthy determination. Hang in there Roberta!

The Sunshine Gals

If you know of any illnesses, marriages, births, deaths, anniversaries, or other news about members, contact:



Agnes Herrle or Amelia Lybarger

(See contact information on page 10.)

You can help *The Sunshine Gals* save costs for GROW by donating or making computer greeting cards and/or contributing funds for postage.

The Sunshine Gals help us show GROW cares!

Music, Raffles, Storytelling . . .





... (and yes, some suspected tales) at the GROW picnic 2003

Obituaries

Hilda Magdalena Ott, GROW member and mother of GROW member Marvin Pleinis, died April



6, 2003, at age 88. She was born September 20, 1914, in Hilda, Alberta, to Jacob and Christina Hauck who came to the Dakotas in 1901. She lived in West Linn since 1948 and worked for Crown Zellerbach for 22 years. In 1978 she married John, who died in 1986.

William Richard Herder, the brother of GROW member Jene Herder Goldhammer, died at age 71 on July 13, 2003. He was born July 29, 1931, in Portland and lived in Newport for 35 years. He married Teresa Curle.

The GROW picnic included creative singing and Congratulations to Dr. Velma Jesser on her 2003 retirement from more than 30 years of teaching.



What will she be up to now???

Congrats, Roy Schnaible!

It is with pride that we share the fine job of our GROW Vice President, Roy Schnaible, who is actively serving on the National Board of the Heritage Foundation of Germans of Russia. We all benefit and grow as we get involved.

Cliff
Haberman,
Marlyse
Goozey,
and others
enjoy good
food and



entertaining conversation at this year's GROW picnic. It was a beautiful day!

GROW Board of Directors

Roger Haas, President/Liaison

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454 NE 69th Ave., Portland, OR 97213-5504 ddalicm@msn.com

(503) 253-8388

For Board of Director meetings and activities, see page 12.

Help GROW At No Cost To You!

Electronic Newsletters save GROW over \$40 per issue in postage. To receive your newsletter electronically, contact Jessica Mertz. (See Committee Chairs on this page.)

\$CRIP Fundraisers \$crip purchases earn a commission on sales of certificates for over 80 participating merchants, including grocery stores, restaurants, national chain stores, car washes, etc. Scrip is the same as cash and makes ideal gifts, an easy way to support GROW financially without costing you a penny. For more information, contact Roy Schnaible. (See Board of Directors above and related story on page 2).

Albertsons Scan Cards earn cash for our Chapter and costs members nothing. Simply present the card when you pay for you usual groceries. To get a scan card, contact Roger Haas. (See Board of Directors above and related story on page 2).

Need a GROW Name Tag?

Name tags help you get to know other members at GROW activities and help others put your face with your name. Name tags cost \$5.50. Contact:

Leona Koth at (503) 538-3447 email: lvkoth@aol.com

GROW Committee Chairs

*Member of Board of Directors

Calling

*Oscar Geiszler

Car Pooling

*Oscar Geiszler

Glenn Gumeringer (360) 573-6453

Bob Majhor (503) 648-5781

Hospitality/Greeting

*Jan Haberman

Collection/Research&Genealogical Assistance

Doris Seibert (503) 651-2394 / (541) 563-3114

Library

Vivian Messenger (503) 574-2271

Evelyn Gatlin, Glen Gumeringer, Carrie Lippincott,

Doris Seibert, Alice Summers

Membership

*Cliff Haberman

Newsletter

Velma Jesser, Editor (see page 11)

*Sharon Voeller, Labeler

Alice Sumer, Printing/Mailing

Programs

(Vacant)

Refreshments

Roberta Haas (503) 659-8248

Ilene Schnaible (503) 623-5529

Lorraine Geiszler, Ann Gumeringer, Helen Mahjors

Pictorial Scrapbook

*Maxine Daily (503) 253-8388 or mandc22@msn.com

Special Interests/Obituaries

*Sharon Voeller

Sunshine Gals

Agnes Herrle (503) 236-5642 or at

1914 SE Harold St., Portland, OR 97202-4935

Amelia Lybarger (503) 648-1058 or at

655 SE Washington St., Hillsboro, OR 97123

Volunteer Coordinator

Robert Mahior (503) 648-5781 rgmaihor@pacifier.com

Dennis Levi (360) 699-4884

Web Site

Bradlee/Jessica Mertz (503) 667-7953 solandmoon@hotmail.com or mertzb@onid.orst.edu

Debra Voeller (360) 897-9671 debbily@earthlink.net

Book Reviews Wanted

By Paul Voeller

Perhaps some of you have a book, periodical, monograph, or an experience of an ethnic-German nature that you would be willing to share with others by way of this newsletter.

Why?

Simply for the enjoyment, knowledge, and appreciation of all who read it. Please mail reviews to our Editor (contact details on page 11). To request an annotated bibliography of quality German-Russian books, contact:

> GRHS, 1125 W. Turnpike Ave. Bismarck, ND 58501-8115 (www.GRHS.com)

AHSGR, 631 "D" St. Lincoln, NE 68502-1199

www.AHSGR.com



GROW MEMBERSHIP APPLICATION

GERMANS from RUSSIA of OREGON and Southwest WASHINGTON (GROW)

Year(s) of Membership		Circle appropriately:	NEW RENEW
NAME (Print)		Birth Month (optional):	
ADDRESS		Anniversary Date	(optional):
CITY S	STATEZIP		
PHONE NO. () E-Mail Address _			
Name of my ancestral village(s)			
My family surnames			
Enclosed is my remittance of \$ GROW NEWSLETTER/OPER	ATION DONATION 1		ually on January 1.
GRHS Membership \$40 (LIFE membership fees may be pa			
Names of adults in household desiring member MAKE CHECKS PAYABI Mail to: Roger Haas, 8618 SE	LE TO GROW - US Cu	rrency	_
Mail to. Roger Haas, 6016 SE			

GROW Publication Information

The GROW newsletter is a quarterly publication. Receiving your GROW newsletter and other communications electronically as an Adobe **pdf** file saves GROW printing and mailing costs, and you receive the newsletters immediately. (Adobe Acrobat Reader is available as a free download on the Internet at **http://www.adobe.com/products/acrobat/ readstep2.html**.) You can also forward the electronic newsletter to friends and family as a way of introducing them to GRHS and to our GROW Chapter. To receive future GROW newsletters electronically if you are not already on the list, contact Jessica Mertz (see page 10) and help GROW's budget by doing so.

Submission of Materials: All materials should include a statement that gives permission for use in this newsletter. All contributions, including photos, are welcome; we can scan images and other graphics. Please provide a SASE for materials you would like returned. Send articles and other materials for publication, as well as ideas and suggestions for improvements, to the Editor:

Velma Jesser, 3133 Renaissance Lp. SE, Rio Rancho, NM 87124 or email vjesser@yahoo.com

Let me know what you do/don't like - Your comments are appreciated!

The Next Newsletter . . .

Again, this is *your* newsletter; your contributions are what makes it yours; otherwise, it is just your Editor's newsletter. Keep your Editor happy; send short clips from something you've read, a German-Russian custom, an interesting website, a cartoon, a family photo/document, a question for other members, publicity for an upcoming event, genealogy tips and tricks, an article about your family, etc. Even if you think the material might not be relevant or too long or too short or too *whatever*, your Editor *edits*! Send anything you think might be appropriate.

The next quarterly newsletter will, of course, make *your* contributions the priority! **Annual GROW Newsletter Deadlines: September 1, December 1, March 1, June 1**

The next newsletter will feature Christmas - Please send your Editor anything holiday-related!

2003-2004 Meeting Dates and Events

Chapter Meeting Dates

Meetings begin at 2 p.m.Solid Rock Baptist ChurchSeptember 28January 25April 25October 26February 22May 23November 23March 28June 27

No meetings in July, August, and December. For program descriptions, see page 2

Board Meeting Dates

Meetings begin at 1 p.m. All members welcome!

Libbie's Restaurant, 11056 SE Main St. In Milwaukie
September 17 January 14 April 14
October 15 February 11 May 12
November 12 March 17 June 9
December 17 No meetings in July & August

GROW Newsletter Deadlines

September 1, December 1, March 1, June 1 (See page 11 for submission details)

Directions to Solid Rock Baptist Church

From I-205 heading South take the Johnson Creek Blvd. Exit (#16). Turn right onto Johnson Creek Blvd. Turn left onto SE Fuller Rd. And then left onto SE Battin Rd.

From I-205 heading North Take the Johnson Creek Blvd. Exit (#16) and stay straight to go onto the ramp. Turn left onto Johnson Creek Blvd. Turn left onto SE Fuller Rd and then left onto SE Battin Rd.

Solid Rock Baptist Church 8510 SE Battin Rd. Portland, Oregon

German-American Day - October 6



Germans from Russia Heritage Society

Dr. Velma Jesser, Editor GROW Chapter 3133 Renaissance Loop. SE Rio Rancho, NM 87124